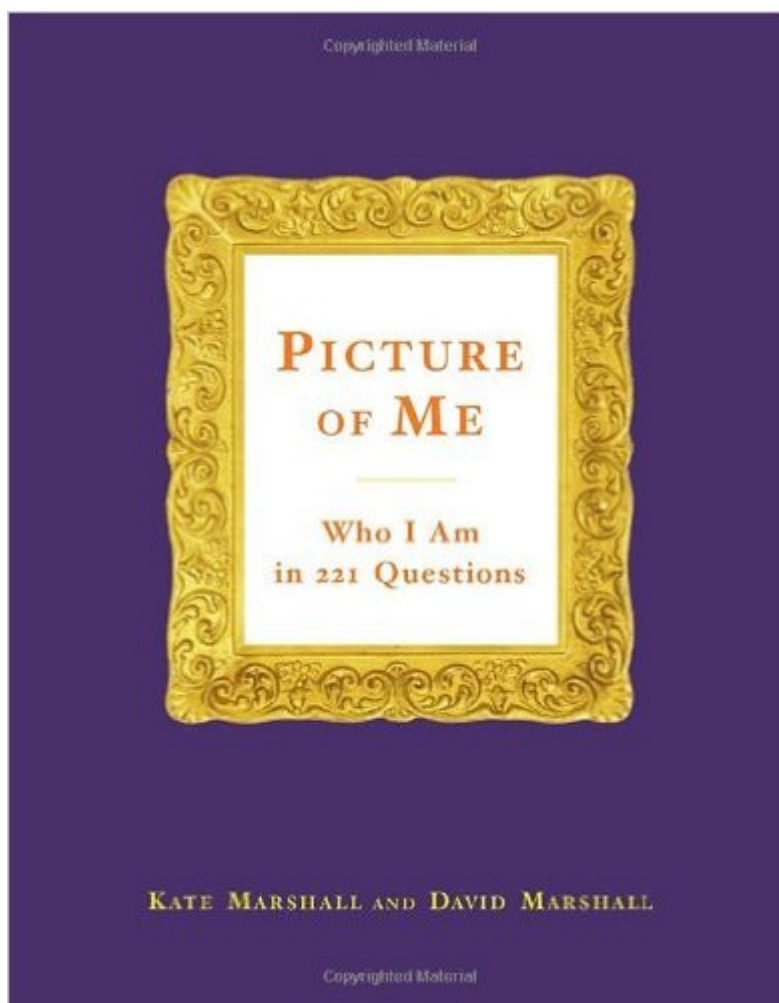


The book was found

Picture Of Me: Who I Am In 221 Questions



Synopsis

Picture of Me offers an engaging way to answer life's most basic question: "Who am I?" • Fill in these entertaining, thought-provoking prompts to celebrate who you are, where you are in life, and all the things that make you unique. Whether marking a milestone birthday, graduation, life transition, or just for fun, Picture of Me is a delightful way to capture the essence of YOU.

Book Information

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Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars • See all reviews (76 customer reviews)

Best Sellers Rank: #63,106 in Books (See Top 100 in Books) #38 in Books > Self-Help > Journal Writing #304 in Books > Self-Help > Creativity #18201 in Books > Reference

Customer Reviews

The questions were great but the book itself wasn't. The pages are that kind of glossy smooth paper that you can't really write on with pen without it smearing, and pencil doesn't work well on that paper either. Also, when you write on one page you can see what you wrote on the other because the page's ink doesn't hold. It's like a bank slip; you have two sheets of paper, you write on the top and it shows on the bottom, then you keep one for you and the other for the teller. That is how these pages are, it bleeds through. I would have liked this a million times more if they had put it on normal writing paper rather than paper that isn't good for writing on. But besides that the questions and everything were wonderful.

I used this book to help my mother remember some of her life's memories and things she had long forgotten...she's getting up there in age (87); this project was a good one for us to do together and fun for her to remember certain instances too. The questions in this book brought back a few smiles and enabled me to connect the dots of her life before our life with her. A very good book to reflect and answer your life's questions and then leave as a record for all to read and remember.

This is a fun little book if you like answering questions about yourself. It's great for marking down where you're at in your life right now, so you can reflect on it in later years...answer the questions and give it to some one so they can know you better...or just for fun :) Some of the questions may not apply to everyone (eg: if you're single, there are questions about being in a relationship, and vice versa). Most of the questions (I'd say 200-210 of the 221 questions) are relevant to everyone. They would apply to teens in high school, single adults, and someone who's been married for 20 years. There are also pages for doodling, adding pictures/business cards/sketches, etc. The pages are somewhat glossy, but a regular ink pen is fine- a gel pen would smear and not be so good for writing in this book, but regular pens are fine. The questions are very easy to understand, and there are lines for more general questions, so you can write out answers. There's also plenty of room for notes (if you feel like expanding on a particular answer). It doesn't ask incredibly detailed questions, they're more like "What features do you/don't you like about yourself?" "My house/room has (blank) kind of feel/style." Questions like 'what are your favorite/most hated foods, sports, animals,' things like that- if you're looking for something that asks in-depth questions from past years and space to write down memories, this isn't a good book for that. If you just want to answer fun, random questions, this is a great book. I enjoyed it :)

I bought four but returned two of these because I found that there were sections that wouldn't go over well with the parents of the teenage recipients. Of the remaining two, I gave one as a gift - kept him busy and he finished it within a week - and kept one for myself. ---The price was good, but the questions didn't really thrill me. Most are so, so basic and some are very personal and there isn't much in-between. It goes from "what's your favourite fruit" to "what is your opinion on abortion"... and many questions are slightly childish ("what do you like most about your best friend") but are followed directly by sexual history questions. There are a few whole pages in which you list which family members you'd most like to x (give a million dollars to, buy something for, spend a day with, challenge to a race, etc) and which family members you can count on to x (plan gatherings, make things fun, make jokes, handle emergencies, etc), and a whole page on your favourite foods in different categories... those get so boring and uninteresting. ---I included a picture of the table of contents page. You can see that there are entire sections on your social life and work/financial things, so this book wouldn't be good for someone without a job or social life. A few pages are 'answer if single only' and 'answer if in a relationship only', as well... ---There are also a few picture page prompts and neither of us were into that. The picture prompts are: Self portrait, favourite outfit, the family you grew up with, the family you chose (children, spouse, etc), your best friends, your

love interest, your home exterior, a floor plan of your home, your workplace, and a random doodle. Almost all specify that instead of drawing, you can use a photo if you like... we both just skipped all of those pages. Those really, really made it feel like a book made for 8-year-olds but maybe someone with art talent would feel otherwise. ---

I am a writing teacher and am keen to look at all sorts of prompts that help engage students in who they are, where they came from and what they are moving toward. This was disappointing. I did not find one prompt in the book that suggested digging deeper and trying harder to make connections among past and present and hopes for the future. Maybe it was simply intended as a superficial type vanity journal, and it succeeds at that.

I've always loved filling out surveys and about me questionnaires, and that is exactly what this book offers! I filled out the majority of the book, but left parts of it blank. It is a great book for recording where you are in life, and to look back years later to see how much things have changed.

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